



Kalamunda Senior High School Physical Education Policy

Kalamunda Senior High School follows the Federal and State government policy of 2 hours compulsory physical activity for Year Eight to Ten.

Students are required to participate in all weather conditions unless it is determined to be unsafe by the teacher, for example hail and lightning.

Wet Weather:

It is our professional opinion that rain does not constitute an unsafe situation. Sporting events played outside in Australia during winter such as club football, soccer, etc are not cancelled due to rain. Therefore our classes continue outside in these conditions.

If the gym is available students may be brought in and the program modified, the number of classes brought in is limited due to safety concerns.

Hot Weather:

During extreme heat conditions students still participate outside with modification to the program if deemed necessary. More frequent drink breaks are allocated and students must bring a hat and water bottle.

Uniform:

All students are to change for physical education; this includes a change of t-shirt, shorts as described in the school uniform policy and appropriate foot wear. If a student does not bring a change of clothing they receive a warning. If a second incident occurs students are given yard duty. After this parents will be contacted through a Letter of Concern.

In wet conditions students must bring a complete change of clothing including shoes and underwear. A towel is also recommended and hot showers are available. Extra time is given for this at the end of wet lessons for students to change.

Medical Conditions:

If a student has a medical reason for non-participation or limited participation in physical Education they are required to provide a note from the parent at the beginning of the lesson. The note must contain the specific reason for not participating, parent signature and the date range for which a student cannot participate. If the date is open ended then a letter for the child to resume participation is required.

Students not participating are required to accompany the class, therefore are required to bring a change of clothes or wet weather gear. If a child is unable to participate for more than two weeks they are requested to provide us with a medical certificate after their next medical check-up.

Dale Watson

Head of Learning Area Health, Outdoor and Physical Education