



Government of **Western Australia**
School Curriculum and Standards Authority

CHILDREN, FAMILY AND THE COMMUNITY
GENERAL YEAR 11 2016
KALAMUNDA SHS
A PHILLIPS

A large, stylized graphic of a leaf or branch, rendered in a light purple color, occupying the lower half of the page. The leaf has a complex network of veins and is partially cut off at the bottom and right edges.

KSHS

Independent Living Yr 11 2016

Children, Family and the Community – General Year 11

Unit 1 – Families and relationships, and Unit 2 – Our community

Semester 1

Week	Key teaching points
1	<p>Growth and development</p> <ul style="list-style-type: none">• the domains of development<ul style="list-style-type: none">§ physical§ social§ emotional§ cognitive§ spiritual/moral <p>Practical – Lamington cake demonstration (family recipe)</p> <p>Task 1 : Domains of Development Mind Map</p>
2	<p>Growth and development</p> <ul style="list-style-type: none">• differences in growth and development of individuals, adolescent milestones• the importance of meeting the developmental needs of an individual – Maslow’s Hierachy• Circle of influence – family, friends, teachers, social media, community• influence of beliefs and values of family members on the growth and development of individuals <p>Practical – Spaghetti Bolognese (meeting needs of individual)</p> <p>Task 1 : Domains of Development Mind Map</p>
3	<p>Influences on development</p> <ul style="list-style-type: none">• Biological and environmental (nature vs nurture) <p>Practical – Vegetarian pasta</p> <p>Task 1 : Domains of Development Mind Map</p>
4	<p>Influences on development</p> <ul style="list-style-type: none">• Social influences – (family vs friends) <p>Practical – Potato pizza</p> <p>Task 1 : Domains of Development Mind Map due Wk 4</p>
5	<p>Personal needs and wants</p> <ul style="list-style-type: none">• Maslow’s hierarchy• Needs vs wants <p>Practical – Chocolate muffins/Apple & Oat muffins</p>
6	<p>Adolescent Nutrition – growth and development</p>

Week	Key teaching points
	<ul style="list-style-type: none"> • Overview • Protein/calcium <p>Practical – Beef & broccoli stir fry</p> <p>Task 3 : Teen Survival Cook Book</p>
7	<p>Adolescent nutrition – growth and development</p> <ul style="list-style-type: none"> • Weight management vs dieting • RDI kJ/BMI's • Anorexia/bulimia – what to do/where to get support <p>Practical – Demonstration Vietnamese Rice Paper rolls</p> <p>Task 3 : Teen Survival Cook Book Task 2: Plan and produce a health meal for a teenager</p>
8	<p>Adolescent nutrition – growth and development</p> <ul style="list-style-type: none"> • Plan a dish that reflects the requirements of an adolescent • Food order <p>Task 2 Practical – Free choice</p> <p>Task 3 : Teen Survival Cook Book due</p>
9	<p>Families</p> <ul style="list-style-type: none"> • family types and structures <ul style="list-style-type: none"> § adoptive § blended § childless § communal § de facto § extended § foster § nuclear § same-sex couples § sole parent • roles and responsibilities of family in the community <p>the function of the family for safety and security of individuals in the stages of the family life cycle</p> <p>Practical – Chicken noodle soup/laksa</p>
10	<p>Social issues</p> <ul style="list-style-type: none"> • social issues and their influence on families and communities • values and ethical decision making for individuals, families and the community • use research skills to gather information from primary and secondary sources • effective communication strategies, such as verbal, non-verbal and visual

Week	Key teaching points
	<p>Helping out</p> <ul style="list-style-type: none"> • use the technology process when working individually or collaboratively to develop appropriate solutions to meet human needs • strategies and tools for self-management skills <ul style="list-style-type: none"> § goal setting § time management § reflection • human and non-human resources for working collaboratively <p>Practical – Scones – making choices</p> <p>Task 4: Helping out (product)</p>
11	<p>Stereotypes</p> <ul style="list-style-type: none"> • stereotypes and their influence on individuals, family and community life • strategies and tools for effective decision making • communicate ideas using appropriate formats considering purpose and audience <p>Products and services</p> <ul style="list-style-type: none"> • features of existing products or services for individuals and families <ul style="list-style-type: none"> § aesthetic § functional § social § financial § environmental • attitudes, beliefs and values of developers and their influence on products or services for a target market • beliefs and values that influence development and use of products or services <ul style="list-style-type: none"> § developer § <p>Practical – Burger</p> <p>Task 4: Helping out (product)</p>
12	<p>Rights and responsibilities</p> <ul style="list-style-type: none"> • rights and responsibilities of individuals related to family challenges and daily life • features and relationship between rules, regulations and laws • resolution strategies using a decision-making process <p>Practical – Sheperds Pie</p> <p>Task 6: Helping out (product)</p>
13	<p>Cultural diversity</p> <ul style="list-style-type: none"> • Family lifestyles in diverse communities <p>Resources and services for individuals and families</p> <ul style="list-style-type: none"> • investigate an individual or family issue or idea • resources and support services available for families to meet their needs and wants • community services available to individuals and families in Western Australia <p>strategies and tools for effective decision making</p>

Week	Key teaching points
	Practical – Portuguese Custard Tarts Task 4: Helping out (product) due <ul style="list-style-type: none"> • Guest speaker and handover of charity project.
14	Family – review of issues associated with families <ul style="list-style-type: none"> • The Blind Side movie Practical – Pasta napolitana Task 5 : Movie Review
15	Task 5: Movie Review due Practical – Pumpkin pie

Semester 2

Week	Key teaching points
1	<p>Needs vs wants –</p> <ul style="list-style-type: none"> · Review Maslow's hierarchy · Individual vs community needs/wants · Values and decision making <p>Practical – Bread</p>
2	<p>Global needs vs wants</p> <ul style="list-style-type: none"> · Holistic world view of 3rd vs 1st world needs/wants <p>Practical – Sandwich Design Task</p>
3	<p>Sustainable living</p> <ul style="list-style-type: none"> · the concept of sustainable living · influence of community attitudes, beliefs and values on the selection and allocation of resources to meet a specific need · consider social, environmental and economic factors, and the concept of the Triple Bottom Line when producing and evaluating products or services · relationships between individuals and families to create sustainable patterns of living · use research skills to locate, select, organise and evaluate information from primary and secondary sources <p>Practical – Frittata</p> <p>Task 6: Sustainable herb garden design/product</p>
4	<p>Sustainable living</p> <ul style="list-style-type: none"> · Ways to reduce your personal footprint · Personal action plan to reduce, reuse, recycle <p>Practical – Leftovers</p> <p>Task 6: Sustainable herb garden design/product</p>
5	<p>Sustainable living</p> <ul style="list-style-type: none"> · Food management – waste, efficiency, food miles <p>Practical – Bacon sandwich – food miles</p> <p>Task 6: Sustainable herb garden design/product</p>
6	<p>Well-being</p> <ul style="list-style-type: none"> · lifestyle behaviours that promote optimal growth, development and well-being · influence and impact of lifestyle behaviours on the growth and development of individuals · strategies and tools for self-management skills <ul style="list-style-type: none"> § resource management § budgeting <p>effective communication strategies, such as verbal, non-verbal and visual</p>

Week	Key teaching points
	Practical – Porridge
7	<p>Taking action</p> <ul style="list-style-type: none"> • lifestyle risk factors, such as smoking, alcohol consumption and illicit drugs and their impact on individuals, groups and the community • influence of protective and preventative strategies on the growth and development of individuals • collate and present information using appropriate formats and consider purpose and audience • influences on decision making and goal setting <ul style="list-style-type: none"> § attitudes § beliefs § values • conflict resolution strategies, such as ‘win, win’, compromise and negotiation <p>Practical – Pizza/bought pizza</p> <p>Task 7: Taking action poster</p>
8	<p>Taking action</p> <ul style="list-style-type: none"> • lifestyle risk factors, such as smoking, alcohol consumption and illicit drugs and their impact on individuals, groups and the community • influence of protective and preventative strategies on the growth and development of individuals • collate and present information using appropriate formats and consider purpose and audience • influences on decision making and goal setting <ul style="list-style-type: none"> § attitudes § beliefs § values • conflict resolution strategies, such as ‘win, win’, compromise and negotiation <p>Practical – Chicken nuggets/bought chicken nuggets</p> <p>Task 7: Taking action poster</p>
9	<p>Taking action</p> <ul style="list-style-type: none"> • lifestyle risk factors, such as smoking, alcohol consumption and illicit drugs and their impact on individuals, groups and the community • influence of protective and preventative strategies on the growth and development of individuals • collate and present information using appropriate formats and consider purpose and audience • influences on decision making and goal setting <ul style="list-style-type: none"> § attitudes § beliefs § values • conflict resolution strategies, such as ‘win, win’, compromise and negotiation <p>Practical – Choc mudcake vs choc pudding in cup</p> <p>Task 7: Taking action poster due</p>
10	<p>Support services</p> <ul style="list-style-type: none"> • examine a community issue that relates to families

Week	Key teaching points
	<ul style="list-style-type: none"> • individual well-being and community health issues and their implications on the community • roles and responsibilities of networks or services to promote and support the well-being of individuals and groups • influence of community attitudes, beliefs and values on the development of resources and support services <p>Practical – Soup kitchen</p> <p>Task 8: Teen survival guide part 2</p>
11	<p>Ethical responsibilities</p> <ul style="list-style-type: none"> • rights and responsibilities of individuals and groups and the consequences and sanctions if rules and laws are not followed • ethical behaviours, values, rules, regulations and responsibilities of specific community groups and institutions <p>conflict resolution strategies, such as 'win, win', compromise and negotiation</p> <p>Practical - Baked apples and custard</p> <p>Task 8: Teen survival guide part 2</p>
12	<p>Financial well being/health</p> <ul style="list-style-type: none"> • Financial pressures on families and individuals • Problems associated with financial pressures • Good debt vs bad debt <p>Practical – Risotto</p> <p>Task 9 Cooking on a budget – design a meal for a tight family budget..</p>
13	<p>Financial management</p> <p>Practical – free choice</p> <p>Task 9 Cooking on a budget – design a meal for a tight family budget..</p>
14	<p>Being the best you can be Revision of all concepts from course over the year.</p> <p>Practical - Cupcakes</p> <p>Task 10 : Letter to myself – students write a letter to their future self, setting goals for their early adult life stage...</p>
15	<p>Task 10 : Letter to myself – due</p>