



## OUTDOOR ADVENTURE PROGRAM

### General Information

Kalamunda Senior High School is ideally located to take advantage of many recognised outdoor pursuits. The school is less than 500 metres from the Northern Terminus of the world renowned **Bibbulmun Track** which runs 957km from Kalamunda to Albany. Within several kilometres of the school, Stage 1 of the **Munda Biddi Trail** can be accessed for mountain biking between Mundaring and Collie. Other significant outdoor adventure venues in close proximity to Kalamunda SHS include: The Hills Forest (which includes Pickering Brook National Park, Lesmurdie Falls National Park, Kalamunda National Park, Gooseberry Hill National Park, Greenmount National Park and Mount Dale Conservation Park), the Zig Zag, Jorgensen Park, State Forest Areas including Bickley Reservoir and many other Heritage Trails.

This program is targeted at **boys and girls** who have a strong interest in physical activity and learning about the unique environment which exists in the Kalamunda Shire and beyond. They also need to be academically strong enough to cope with the challenging course content which is designed to increase academic performance and prepare students for Stage 2 and 3 Senior School courses.

Students who nominate for this program will be provided with opportunities to be involved in a wide range of outdoor pursuits including:

Canoeing/Kayaking, Mountain Biking, Bush Walking, Bush Navigation, Aboriginal Culture, Roping, Abseiling, Tenting, Fitness training, Food Preparation, First Aid Training, Snorkeling, Fishing, Fundraising, Expeditions plus much more.

Individual and team based activities are incorporated into the program to allow students to develop leadership skills and positive self esteem. The course will contain elements taught by teachers from a number of subject area in a Cross Curricular manner. Students will remain with the same group of students for English, Mathematics, Science, Humanities, Health & Physical Education to enable these cross curricular activities to occur.

The outcomes this program addresses include (Bold type):

1. **Students use language to understand, develop and communicate ideas and information and interact with others**
2. Students select, integrate and apply numerical and spatial concepts and techniques
3. **Students recognize when and what information is needed, locate and obtain it from a range of sources and evaluate, use and share it with others**
4. Students select, use and adapt technologies
5. Students describe and reason about patterns, structures and relationships in order to understand, interpret, justify and make predictions
6. **Students visualise consequences, think laterally, recognise opportunity and potential and are prepares to test options**
7. **Students understand and appreciate the physical, biological and technological world and have the knowledge, skills and values to make decisions in relation to it**
8. **Students understand their cultural, geographic and historical contexts and have the knowledge, skills and values necessary for active participation in life in Australia**
9. **Students interact with people and cultures other than their own and are equipped to contribute to the global community**
10. Students participate in creative activity of their own and understand and engage with the artistic, cultural and intellectual work of others
11. Students value and implement practices that promote personal growth and well being
12. Students are self-motivated and confident in their approach to learning and are able to work individually and collaboratively
13. Students recognise that everyone has the right to feel valued and be safe, and, in this regard, understand their rights and obligations and behave responsibly

### Application Process

All students who wish to participate in the Outdoor Adventure Program are required to complete the attached **Nomination Form** and **return to Kalamunda SHS**.

**Outdoor Adventure**



**KALAMUNDA SENIOR HIGH SCHOOL  
APPROVED SPECIALIST PROGRAM**

## **KALAMUNDA SENIOR HIGH SCHOOL Outdoor Adventure Program**

*By completing and returning this form students are formally nominating to be placed into the selection pool for the Year \_\_\_\_\_ Outdoor Adventure Program 20\_\_\_\_. Please complete all details.*

Student Name: \_\_\_\_\_

Student Date of Birth: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Mr/Mrs/Ms

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Numbers:

Home- \_\_\_\_\_ Work- \_\_\_\_\_

Mobile- \_\_\_\_\_

Parent / Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Please note a program fee is payable.

PLEASE RETURN THIS FORM TO:

**Mr Dale Watson**

**Head of Learning Area Health and Physical Education**

**Program Coordinator Outdoor Adventure Program**

Kalamunda Senior High School

12 Cotherstone Road

KALAMUNDA WA 6076