



## Coronavirus Parent Information

### Online Learning

As you are aware the situation with COVID 19 continues to cause disruptions to student learning with area lockdowns, school closures, and other restrictions as needed.

As circumstances may change rapidly, we have provided some information which may be useful for you should the need arise for our school to move to an online mode of education.

Any current information or urgent communication will be sent via email and/or SMS.

The basis of our online learning platform is [Connect](#). Parents and students each have their own accounts and can login via the Internet. Links and support documents are on our [website](#) or you can access Connect directly via <https://connect.det.wa.edu.au>.

As staff are offsite during this lockdown, please email the school:

[kalamunda.shs@education.wa.edu.au](mailto:kalamunda.shs@education.wa.edu.au) if you are having difficulty accessing your parent account.

All teachers can reset **student** passwords.

### Curriculum and Learning

Should the need arise, we will use [Webex](#) to provide face to face meetings and some classes.

- o [Webex for parents](#)
- o [Webex for students](#)

All teachers will be providing details about courses, with outlines and lessons through weekly planning on [Connect](#). Some teachers will conduct face to face lessons via [Webex](#) where it is appropriate and available.

Our staff have brokered access to a range of resources and online textbooks:

- Humanities and Social Sciences
  - Free Jacaranda and Pearson access is available from your child's [Connect](#) Humanities class
- English
  - Free access to Oxford texts is available via each Connect English class
- Mathematics
  - Cambridge text books are loaded as PDFs on Connect
  - Links to [MathsSpace](#) can be found on the your child's Connect Maths class
- Science
  - [Stile](#) for Science work. All students should have a Stile login and access to their class
  - If not, please contact teachers directly, via Connect.

The Department of Education has also provided a [Learning at home](#) website for parents, carers and students. The link is also available on our school [website](#).

**Library resources**  
**24/7 Online Library Services**

[www.kalamundashs.wa.edu.au](http://www.kalamundashs.wa.edu.au) under 'Student Learning - Library' or from [Learning at home](#).

These websites work best in Google Chrome or Edge.

Trouble logging in? While staff are offsite please email [kalamunda.shs@education.wa.edu.au](mailto:kalamunda.shs@education.wa.edu.au).

Students should use the following usernames and passwords:

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Username: kalamundashs

Password: kalamundashs



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Username: firstname.lastname (your Connect username)

Password: your Connect password

Staff should use their single sign on credentials.

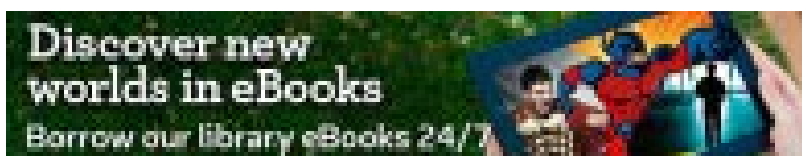


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Username: firstname.lastname (your Connect username)

Password: Library1

Staff should use their e-number and Library1



## **Safety and hygiene measures for onsite learning (when applicable)**

Depending on prevailing restrictions, onsite measures may include:

access to soap for hand washing; disinfection of surfaces; deeper cleaning routines; hand sanitiser (some limitations due to availability); social distancing measures for queues, seating in classrooms and at recess and lunch; keyboard cleaning (students however are encouraged to bring their own devices for greater security); drink fountains modified to fill only; open spaces and air circulation measures; relocation of classes and offices that do not allow for social distancing; restricted access to the school site - limited to essential business only (staff, essential deliveries, students as required).

Parents are asked not to attend the school but rather to phone or email their enquiries.

Fees can be paid electronically using the bank details provided on your Contributions and Charges sheet.

## **Health and Wellbeing**

There are many resources online to support our mental health during this time. These are some we have found useful:

- Be you - [Beyond Blue website](#)
- [Coronavirus and mental health](#)
- [Triple P - Parenting](#)
- [Phoenix Australia](#)
- [WA Mental Health Commission](#)
- [Department of Education - other support services](#)
- [SPECIAL REPORT: Coronavirus | SchoolTV.me](#)

The [Learning at home](#) website for parents, carers and students also includes resources and information related to the impact of COVID-19 on students' health and wellbeing and the impact on families.

For urgent mental health advice and support for parents or their child, contact the 24-hour crisis support line 1800 048 636.

- For students - [Kids help line](#) 1800 55 1800
- For parents and carers – [Lifeline](#) 13 11 14
- For staff – [PeopleSense](#) 1300 307 912
- For students - [Kids help line](#) 1800 55 1800
- Psychological services:
  - go to [findapsychologist](#) or call 1800 333 497
  - ask your GP or another health professional to refer you.

# COVID-19 Information from the [WA Health Department](#)

## Symptoms

If you have **serious symptoms** such as difficulty breathing, [call 000](#) for urgent medical help.

[Symptoms](#) include:

- fever
- coughing
- sore throat
- shortness of breath

If you are sick and think you might have COVID-19, check your symptoms using healthdirect's Coronavirus (COVID-19) Symptom Checker.

### [healthdirect Coronavirus \(COVID-19\) Symptom Checker](#)

Answer questions about your symptoms to see if you need to seek medical help or get tested. This tool is available online at any time.

## Protect others and stop the spread

We can all help slow the spread of COVID-19 in Australia.

To protect others you must:

- wash your hands often with soap and water. This includes before and after eating and after going to the toilet
- use alcohol-based hand sanitisers when you can't use soap and water
- avoid touching your eyes, nose and mouth
- clean and disinfect surfaces you use often such as benchtops, desks and doorknobs
- clean and disinfect objects you use often such as mobile phones, keys, wallets and work passes
- increase the amount of fresh air by opening windows or changing air conditioning

There is no evidence that alcohol-free hand rubs are effective against viruses like COVID-19. [Experts](#) recommend you don't use them.

## When you are sick

As we move towards living COVIDSafe, it is important that you stay at home if you feel unwell. You should also continue to practise good hygiene.

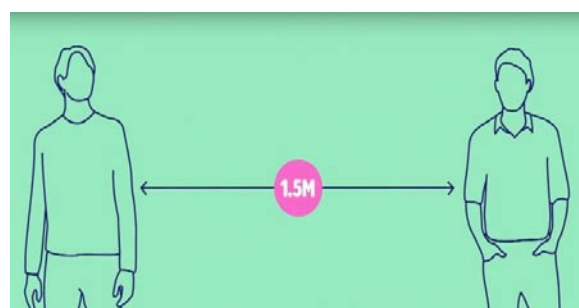
If you have cold or flu like symptoms you should seek medical advice and [get tested](#) for COVID-19. You should get tested even if your symptoms are mild.

If you have COVID-19 you must [isolate](#) and follow the directions of your local Public Health Unit.

## Keep your distance

One way to slow the spread of viruses, such as coronavirus, is physical distancing.

The more space between you and others, the harder it is for the virus to spread.



## In public

Physical distancing in public means people:

- keep 1.5 metres away from others wherever possible
- avoid physical greetings such as handshaking, hugs and kisses
- practise extra care if you are using public transport – [read the guidelines](#) (PDF, 165 KB).
- avoid crowds – if you see a crowded space do not enter
- avoid large public gatherings
- practise [good hygiene](#)
- stay at home if you have any cold or flu symptoms. Seek medical advice and [get tested for COVID-19](#)
  - follow the [limits for public gatherings](#)

## If you're concerned

You can call the National Coronavirus Helpline for information and advice about COVID-19.

### National coronavirus and COVID-19 vaccine helpline

Call this line if you need information about COVID-19, COVID-19 vaccines or help with the COVIDSafe app. The line operates 24 hours a day, 7 days a week.

General enquires:

[covidvaccineenquiries@health.gov.au](mailto:covidvaccineenquiries@health.gov.au)

National helpline:

[1800 020 080](tel:1800020080)

[View contact](#)

### Translating and Interpreting Service (TIS National)

TIS National is for people who do not speak English and for agencies and businesses that need to communicate with their non-English speaking clients.

[131 450](tel:131450)

[Translating and Interpreting Service \(TIS National\)](#)

[View contact](#)

## How to seek medical help for COVID-19

If you have used the [symptom checker](#) and it advises you should seek help or get tested, see how to [seek medical help for COVID-19](#).

## Stay informed

For up to date information on the current COVID-19 situation in WA please refer to the WA government website:

[COVID-19 coronavirus \(www.wa.gov.au\)](https://www.wa.gov.au)

- [https://healthywa.wa.gov.au/Articles/A\\_E/Coronavirus](https://healthywa.wa.gov.au/Articles/A_E/Coronavirus)
- [COVID-19 information for Aboriginal people](#)
- [Resources to support Aboriginal students with Autism Spectrum Disorder](#)
- [Resources to support students with Autism Spectrum Disorder](#)