



Physical Education Policy

Kalamunda Senior High School follows the Western Australian Department of Education's Curriculum, Assessment and Reporting Policy of two (2) hours compulsory physical activity for Year 7 to 10.

Students are required to participate in all weather conditions unless it is determined to be unsafe by the teacher (e.g. hail and lightning). It is the students' and parents' responsibility to ensure that students have a change of uniform to avoid being wet or hot and sweaty for the remainder of the day.

Wet Weather:

Rain in itself does not constitute an unsafe situation and many sporting events playing outside in Australia during winter such as football, netball and soccer are not cancelled due to rain. Our classes continue outside in these conditions and will only be cancelled in extreme weather conditions.

If the gym is available the program may be modified and the gym used if numbers permit.

Students who are not changed are still required to participate and are strongly encouraged to change for PE. It is recommended that parents always encourage students to change to help provide a routine and so that students are not uncomfortable in wet clothes after class.

Hot Weather:

During extreme heat conditions students still participate outside with modification to the program if deemed necessary. More frequent drink breaks are allocated and sunscreen is provided.

Students who are not changed are still required to participate and are strongly encouraged to change for PE. It is recommended that parents always encourage students to change to help provide a routine and students are not uncomfortable in sweaty clothes after class.

Uniform:

Students are to change into the sports uniform for PE. This includes school House T-Shirt, navy blue shorts as described in the school uniform policy and appropriate footwear. Students are expected to wear sports uniform and their level of compliance will be reflected in their school report ABE's, comments, and will impact participation in school teams and receiving of awards.

Medical Conditions:

If a student has a medical reason for non-participation or limited participation in PE, they are required to provide a note from the parent at the beginning of the lesson. The note must contain the specific reason for not participating, parent signature and the date range a student cannot participate. If the date is open ended, then a letter for the child to resume participation is required.

Students not participating are required to accompany the class, therefore are required to bring a change of clothes or wet weather gear. If a child is unable to participate for more than two weeks, then after their next medical check-up, it is requested they provide us with a medical certificate.

Dale Watson
Head of Learning Area
Health, Outdoor and Physical Education

Updated October 2020