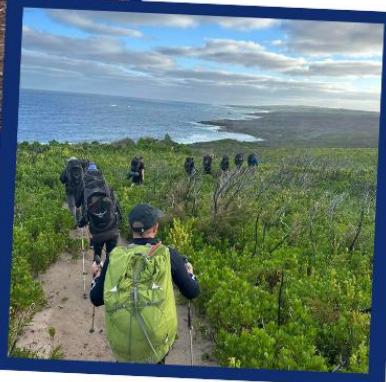
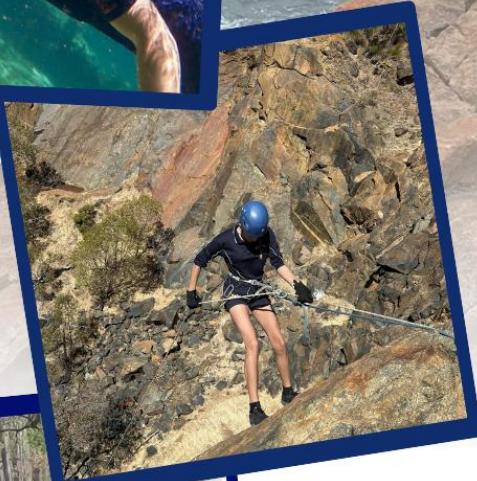




OUTDOOR ADVENTURE PROGRAM



This program is targeted towards students who have a strong interest in physical activity, are enthusiastic about the outdoors and enjoy learning about the unique environment which exists in the Kalamunda Shire and beyond.

Students also need to be academically strong enough to cope with the challenging course content which is designed to increase academic performance.

Individual and team-based activities are incorporated into the program to allow students to develop leadership skills, positive self-esteem, organisation skills and problem-solving in a unique way.



OUTDOOR ADVENTURE PROGRAM

Kalamunda Senior High School is ideally located to take advantage of a variety of outdoor pursuits. The school is less than 500 metres from the Northern Terminus of the world renowned **Bibbulmun Track** which runs 957km from Kalamunda to Albany. Within several kilometres of the school, Stage 1 of the **Munda Biddi Trail** can be accessed for mountain biking between Mundaring and Collie. Students who nominate for this program may be provided with opportunities to engage in a wide variety of outdoor pursuits during their time in the program across Year 7-10 including:

- **Hiking** along the Cape to Cape Track in the Southwest region, Bibbulmun Track in a range of locations between Perth and Albany as well as Bluff Knoll and Bald Head Trails in the Great Southern region.
- **Mountain Biking** along the Munda Biddi trail in a range of locations between Perth and Albany such as Dwellingup, Kalamunda Mountain Bike Park and local trails near the school and Pickering Brook.
- Water-based activities such as **stand-up paddle boarding**, **snorkeling** and **fishing** on Rottnest Island and Coogee Beach.
- **Abseiling** at local quarries such as Statham's and Mountain quarry, Wilyabrup sea cliffs, cave abseiling in the southwest and The Gap/Amphitheatre in Albany.
- Optional Ski Trips to learn how to **snowboard** in Falls Creek, Victoria.
- **Camp and expedition preparation** such as food preparation, navigation, first aid training, tenting, fitness training, logistics, organisation and much more.
- **Orienteering** through Jorgensen Park and Kings Park

The outcomes of this program include:

- Students communicate effectively during outdoor activities to share ideas, instructions and reflections.
- Students use numerical and spatial skills (e.g., maps, bearings, distances) to navigate and solve outdoor challenges.
- Students identify the information they need for safe and successful outdoor experiences, find it from reliable sources and share it with their group.
- Students select and use appropriate outdoor equipment and technologies, adapting them to different environments and conditions.
- Students recognise and interpret patterns in the natural environment to make predictions and informed decisions outdoors.
- Students think creatively and assess potential consequences when exploring options in outdoor scenarios.
- Students understand natural systems and human impacts on the environment, using this knowledge to make responsible decisions outdoors.
- Students appreciate how outdoor environments connect to cultural, geographic and historical contexts within Australia.
- Students engage in creative problem-solving, reflection and teamwork within outdoor tasks and appreciate others' contributions and ideas.
- Students practise behaviours that support their physical health, mental wellbeing and personal development in outdoor settings.
- Students build confidence, resilience and self-motivation, working both independently and collaboratively during outdoor challenges.
- Students understand their responsibility to keep themselves and others safe, behaving respectfully and responsibly in outdoor environments.

Application Process

All students who wish to participate in the Outdoor Adventure Program are required to complete the attached **Nomination Form** and **return to Kalamunda SHS**



Outdoor Adventure Program

Expression of Interest 2026

STUDENT DETAILS

Name: _____

Male

Female

Indeterminate

Date of Birth: _____ Current school year: _____

Residential Address: _____

Are you currently enrolled in a program at Kalamunda SHS? Yes No

If yes, which program? _____

PARENT/GUARDIAN DETAILS

Name: _____ Mr/Mrs/Miss/Ms

Postal address (if different from residential address): _____

Telephone No: Home: _____ Work: _____ Mobile: _____

Email Contact: _____

Signed: Signed:
(Student) (Parent/Guardian)

Please return this form to Alice Hall – OAP Program Coordinator
Kalamunda Senior High School
12 Cotherstone Road Kalamunda WA 6076
Or email to Kalamunda.shs@education.wa.edu.au

School Use Only:

PROGRAM COORDINATOR RECOMMENDATION: _____

SIGNATURE: _____ DATE: _____

ASSOCIATE PRINCIPAL APPROVED: