Metropolitan Canteens WA

Menu – Term 4 2026



SANDWICHES, WRAPS & ROLLS

Gluten Free Options Available

Sandwiches	$5.00
Wraps	$6.00
Chicken Schnitzel Roll	$6.50

COLD FOOD



Chicken Caesar Salad	$7.00
Healthy Snack Packs	$5.00
Sushi (veg option) Tue & Thu	$6.00
Watermelon cup	$3.50
Chia Yoghurt with berries	$3.50
Chocolate Mousse	$3.00

AVAILABLE DAILY – BY ORDER ONLY

Burgers (Beef, Chicken or Veg)	$7.00
Paninis (Meatball, Chicken or Veg)	$7.00
Nachos (Veg Option)	$7.00

THE BAKERY

Cookies	$2.50
Muffins	$3.50
Homemade Brownie	$3.50

HOT FOOD

Cheesie – Plain or Pizza	$2.50
Hash Browns (GF)	$3.00
Spring Rolls (6)	$3.00
Chicken Tenders (2)	$4.00
Beef and Gravy Roll	$5.00
Hot Dog with Sauce	$4.50
Meatball Sub with Cheese	$5.50
Chicken Sliders (2)	$6.50
Home Made Sausage Rolls	$5.00
Chicken Nuggets (5) (GF)	$4.50
Traveller Pie	$5.00
Pizza Slice	$5.00
Garlic Bread	$4.00
Pasta of the Day (veg option)	$7.00

COLD DRINKS

600ml water	$2.50
Up and Go	$3.50
300ml flavoured Milk	$3.50
500ml Milk	$5.00
Poppers	$2.50
Mineral Waterford's	$4.50
No Sugar Lipton Iced tea	$4.50
Gatorade	$5.00

ICE CREAMS

Zooper Dooper	$1.00
Icy pole	$2.00
Ice cream cups	$2.00
Lifesaver	$3.00
Mini drumstick	$3.00
Frosty fruit stack	$3.50
MaxiBon	$5.00
Milo Cup	$5.00